

GRAND CENTRAL TERMINAL SHOPPING AND DINING AS GRAND AS THE VENUE



grandcentralterminal.com

42nd Street at Park Ave.



GRAND CENTRAL



**ONE-OF-A-KIND GIFTS
FOR YOUR ENTIRE LIST**
THROUGH DECEMBER 24

Grand Central Terminal is your one-stop holiday shopping destination.
In addition to Grand Central's year-round shops and restaurants,
the Holiday Fair hosts 74 artists offering one-of-a-kind creations.

MON - FRI 10 AM - 8 PM • SAT 10 AM - 7 PM • SUN 11 AM - 7 PM
CHRISTMAS EVE 10 AM - 6 PM

SPONSORED BY **LG OLED TV**

THE SHOPS AT
GRAND CENTRAL PRESENT

THE HOLIDAY WRAP-UP

**DECEMBER
3RD & 17TH**

**NOON - 8 PM
STATION MASTER'S OFFICE NEAR TRACK 37**

- Complimentary gift wrapping services
 - Custom gift wrap featuring iconic Main Concourse ceiling
 - Free, limited-edition Grand Central gift with \$150 in combined purchases*
 - Gift ideas from The Shops at Grand Central
- AND**
- Terminal-wide, in-store events and special promotions

For more info on in-store events and official rules, visit grandcentralterminal.com

While supplies last. **Must present proof of purchase from The Shops at Grand Central for gift wrap and free gift.** Gift wrapping limited to 5 gifts per person. Limit one free, limited-edition Grand Central gift per redemption. Note: Grand Central Holiday Fair purchases are not eligible towards gift wrapping and free gift.



GRAND CENTRAL

metro



NEW YORK CITY NO. 1 FREE DAILY IN THE
Monday, November 30, 2015 metro.us | t: MetroNewYork | f: MetroNewYork

CYBER MONDAY

Sale



HOW TO DO CYBER MONDAY RIGHT

Expert tips on finding the best deals and avoiding the scams. 20

The stars of "Victor Frankenstein" geek out. 16

Giants dumped in D.C. while Jets impress. 23-24



LUXURY LIVES HERE

LUXURY RENTALS
FROM \$1,995*

*Net effective rent based
on 1 month free rent for
a limited time only. Prices
subject to change.



THE ALEXANDER
AT REGO CENTER

61-55 Junction Blvd
Rego Park, NY 11374
AlexanderRegoPark.com
718.271.1166

VORNADO PARKING GARAGE



'SCIENCE' LESSON

Famous "science guy" Bill Nye took to the streets with thousands of protesters
to demand the city ramp up its efforts to combat climate change. 4

HANNAH MATIX

CHRISTIE ENDORSEMENT

1 Chris Christie has won the endorsement of the New Hampshire Union Leader, a major conservative publication in an important early voting state. Union Leader publisher Joseph McQuaid said on Sunday he believed Christie was the candidate who could "take the fight to" Donald Trump and Hillary Clinton as well as confront the threat posed by Islamic State. **REUTERS**



PILOT'S BODY RECOVERED

2 Turkey recovered the body of a Russian pilot from northern Syria and presented it to Russian diplomats on Sunday, five days after shooting down his warplane in an incident that wrecked relations between two of the main powers involved in Syria's war. A coffin carrying Oleg Peshkov arrived by ambulance on the tarmac of Hatay Airport in southern Turkey near the Syrian border, a Reuters photographer said. **REUTERS**

CROOK DIES IN CHIMNEY

3 A suspected burglar who attempted to enter a California home through the chimney died after the homeowner lit a fire without realizing anyone was inside, police said. The man appeared to have climbed into the chimney during the night while the owner was away and then became stuck, according to Fresno County Sheriff's Office. **REUTERS**



7
THINGS YOU
NEED TO KNOW

HAWK RESCUE

7 Police officers rescue a distressed hawk from the East River on Sunday.

MAIN PHOTO BY TWITTER @NYPDSPECIALOPS, ALL OTHER PHOTOS BY GETTY IMAGES

BALTIMORE TRIAL STARTS

4 Trial begins on Monday for a Baltimore police officer charged in the death of a black man from an injury he suffered while in police custody that triggered rioting and protests and fueled a U.S. debate on police brutality. Officer William Porter, 26, is the first of six officers scheduled for separate trials for the death in April of Freddie Gray. **REUTERS**



BURGLARY SUSPECT

5 The New York City Police Department is asking the public's assistance identifying the suspect wanted for burglary within the confines of the 61st Precinct. Details are as follows: On Saturday, November 28, 2015, at 4:45 a.m., the suspect entered the Draft Barn located at 317 Avenue X through a roof vent and, once inside, was able to break open a safe in the basement and remove two Rolex watches, an Apple iPad mini, a legally owned Walther P38 9MM handgun and an undetermined amount of money. **METRO**

ENERGY DRINK THEFT

6 A case of Red Bull got wings when it was lifted from a truck in the Bronx, police said. A truck driver was making deliveries of the energy drink on East 163rd Street on Nov. 12, when a man began unloading cases from the back of the truck, cops said. Locals alerted the driver, who confronted the thief, police said. **METRO**



ONLINE TODAY ONLY!

**FREE
SHIPPING**

+

\$20 OFF

YOUR \$100+ PURCHASE!*

C21STORES.COM



*Offer valid 11/30 ending 3am EST 11/31/15 only on C21stores.com. Excludes LXR&CO vintage merchandise, rugs and other leased departments as well as gift cards and previous purchases. One per customer.

Advocates urge city to speed up climate change reforms

Thousands marched in lower Manhattan to coincide with the demonstrations in Paris amid the United Nations summit on climate change.



CHESTER SORIA
@chestersoria
chester.soria@metro.us

Hundreds New Yorkers gathered near City Hall to demand the city act on climate change hours after activists and protesters took to Paris streets during a United Nations summit.

Among those in front of the building's steps was noted "science guy" Bill Nye, who argued that any investment by New York City to go green would benefit residents in the five boroughs.

"If we build wind turbines, if we insulate our buildings to make them far more efficient than they are now," Nye said. "If we put solar panels as possible — all those jobs are here ... all the jobs would be local."

March organizer Les-



Bill Nye speaks at a press conference at City Hall in support of NYC's participation in the Global Climate March. HANNAH MATTIX

lie Cagan said they were looking at the local leaders to mandate that all buildings be converted to be more energy efficient on a faster timetable than laid out by the de Blasio administration last year.

"A voluntary program isn't enough," she said. "It will never happen without a [mandatory] plan in place."

Cagan said the local activist movement

had faith in the city's elected leaders but that they would hold them accountable for the reforms undertaken and proposals laid out on Sunday.

The coalition of environmental advocates sent a letter to Mayor Bill de Blasio also asking the mayor to commit to off-shore wind energy, expand Bus Rapid Transit, promote community gardens and divest city

pensions from all fossil fuels.

The city has been under fire from local community garden groups upset over the administration's consideration of garden sites as possible locations for affordable housing development.

In September, de Blasio proposed divestment of the city's pension funds from coal, and said it would study divestment from all fossil fuels.

Last year, de Blasio marched in the People's Climate March in New York City and committed to reducing greenhouse gas emissions by 80 percent in public buildings come 2050, compared to from levels taken in 2005.

The administration then also said it would help spur voluntary reductions by private buildings.

Public Advocate Le-

"I strongly believe we can work together to — dare I say it — change the world."

Nye

titia James praised City Hall's commitment to environmental reform but said the city could up the ante.

"We should be aiming to move our city to 100 percent renewable energies by 2030," James said.

This year's climate march coinciding with the Paris summit drew fewer attendees in Manhattan, compared to last year's estimated 400,000.

Still, the thousands of marchers who circled City Hall park on Sunday were a part of the solution that Nye laid out.

"With improved technology and improved policy in the next two decades," he said, "I strongly believe we can work together to — dare I say it — change the world."



THE RIDE HOLIDAY EDITION

NOVEMBER 12, 2015 - JANUARY 3, 2016

FAMILY PACK OFFER

USE CODE:

RDFAM3 FOR FAMILY PACK OF 3: \$59*

RDFAM4 FOR FAMILY PACK OF 4: \$57*

RDFAM5 FOR FAMILY PACK OF 5: \$56*

*prices per ticket

f t @TheRideNYC THERIDE.NYC.COM (212) 221-0853

NOW IS THE TIME TO TAKE CARE OF YOUR BODY!

- | | | |
|--|--|---|
| <input checked="" type="checkbox"/> Varicose Veins | <input checked="" type="checkbox"/> Pain/Burning | <input checked="" type="checkbox"/> Heaviness/Fatigue |
| <input checked="" type="checkbox"/> Leg Ulcers | <input checked="" type="checkbox"/> Restlessness | <input checked="" type="checkbox"/> Swelling |
| <input checked="" type="checkbox"/> Spider Veins | <input checked="" type="checkbox"/> Cramping | <input checked="" type="checkbox"/> Itching |

Frustrated with previous treatments, services and poor results?

Trust the doctor that *cares about you!*



"I struggled with poor circulation and varicose veins and had seen many doctors over the years. No one has helped relieve me of this problem as Dr. Lev has. He is patient, meticulous, and very skilled in this speciality. The staff is also excellent and attentive. I recommend him highly and wish I had sought out Treatments of Manhattan years ago. - E.J.

- **Personal** & discrete care delivered directly Ronald Lev, MD
- **Certified** by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
- **No downtime**
- **15 minute** minimally invasive procedures
- **Consistently** ranked #1 Vein Doctor in NYC by our patients

"I've had varicose veins since my teen years and was always embarrassed about it. After my pregnancy they kept getting worse and worse. So I made an appointment to see Dr. Lev. He took his time to explain everything to me, and the procedure was fast and painless. My legs look amazing! I can finally wear skirts. Thanks to Dr. Lev!!! - J.L.

TIRED OF LONG DIETS, JUICE CLEANSSES & LOTIONS?

Smart Lipo Laser Body Countouring

GET RID OF...

- Body Fat
- Sagging Arms
- Double Chin
- Cellulite & more



FREE CONSULTATION
WED 1-4 PM
(UNTIL 12/13)
¡Hablamos Español!



212.204.6501
TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

111 John St, Ste 1450
(bet Cliff & Pearl St)
New York, NY 10038

Most Vein Treatments Covered by Major Health Insurances including Medicare

Say Goodbye to CPAP



WE HAVE ALTERNATIVE SOLUTIONS

At eos sleep, we offer effective and minimally-invasive treatments beyond the CPAP mask. Our board-certified physicians diagnose and treat the many causes of snoring and sleep apnea. Find a treatment that works best for you AND your bed partner. Your treatment may be as simple as a 30 minute in-office procedure.

We accept most insurance plans.

eos sleep
For the treatment of snoring and sleep apnea

For more information and patient testimonials, visit
eosleep.com | 800.eos.sleep
(800.367.7533)

262 Central Park West NYC • 20 East 66th Street NYC •
589 Broadway NYC • 993 Park Avenue NYC • 833 Northern Blvd Great Neck

December begins with cold, wet weather

Rain hits the five boroughs from Monday night through Wednesday evening, according to meteorologists.



CHESTER SORIA
@chestersoria
chester.soria@metro.us

New Yorkers should stay bundled up as December creeps in with cold and wet weather.

The scarves and gloves were out on Monday morning as the temperatures were expected peak at 45 degrees and winds hit between 7 and 10 mph throughout the day.

By Tuesday, however, New Yorkers will have to stay both warm and dry as rain is expected to hit as the temperatures should reach a high of



GETTY IMAGES

about 52 degrees.

The wet weather should persist through Tuesday night and well into Wednesday, which might see unseasonably warm weather: Meteorologists predict a high of near 59 degrees.

The rain should give way to sunny skies by Thursday, which will

likely come with another temperature drop to a high of 51 degrees, though the evening temperatures might drop even further to 37 degrees.

Friday will look much the same, although the weekend should stay pretty cool with a high of 48 degrees by Saturday.

BRIEFS

Brooklyn cell phone thief posts selfie: NYPD
A man suspected of stealing a straphanger's cell phone in late October posted a photo of

himself to his victim's account. Police said the unidentified thief took the Galaxy S3 phone from a 36-year-old man riding a southbound Q train at around 6 a.m. on Oct. 24.

Authorities said the train was pulling into the Beverley Road train station in Flatbush when the suspect grabbed the phone from its owners hand right as the subway doors opened.

The suspect made off with the phone but ended up giving investigators a lead when he posted a selfie to the rightful owner's Google account, which was still linked to the phone.

The suspect appeared to be a young black man wearing a green beanie and red jacket.

NYPD asks that anyone with information in about the suspect confidentially call the Crime Stoppers Hotline at 800-577-TIPS or text their tips to 274637 (CRIMES) then enter TIP577. CHESTER SORIA



NYPD

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight—they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly—sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you...
Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete family foot care laser surgery available

Relief For Chronic Heel Pain

Now Featuring **genesisplus™**

New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA



New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of *The New York Times*

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location

65 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location

121 E. 60th St.
New York City, NY
212-486-7333
Paul Drucker DPM
Jordan Drucker DPM

235 East 22nd Street
(between 2nd and 3rd Ave)
212-486-7333
184 east 70th st
212-772-3500



GETTY IMAGES

Trump jumps gun

The Trump campaign originally promoted a Monday event with black religious leaders as an endorsement despite multiple invitees pushing back on the nature of the visit.



CHESTER SORIA
@chestersoria
chester.soria@metro.us

Leading GOP presidential candidate Donald Trump backtracked on what his campaign said would be an endorsement event with a coalition of black religious leaders.

"On Monday, Mr. Trump will host an informational meet and greet with many members of the Coalition of African-American Ministers," spokeswoman Hope Hicks told reporters in a statement Sunday.

The statement added it was a private meeting at Trump Tower in Manhattan "after which, a number of attendees are expected to endorse Mr. Trump's campaign for president."

However, the Facebook page for at least one of the invited lead-

ers, Bishop Clarence E. McClendon, said he was invited and listed as an invitee despite no plans to attend the sit-down with Trump.

"The meeting was presented not as a meeting to endorse but as a meeting to engage in dialogue," the statement said on Friday.

Bishop Paul S. Morton also tweeted he was asked to meet with the real estate magnate turned Republican front-runner, "but I refused because until he learns how to respect people you can't represent me thru my endorsement."

Bishop Corletta J. Vaughn echoed both her fellow leaders statements in a Facebook post.

"I was invited to attend a gathering of clergy to listen to Mr. Trump on Monday November 30," she wrote. "I respectfully declined as I do not support nor will endorse Donald Trump."

The list of leaders was reportedly drafted by Pastor Darrell Scott, who organized the meeting.

"All of these guys are my friends and they know me," Scott told the Daily Beast. "I let them know I am endorsing, but that doesn't mean you are endorsing."

the homeowners had placed 40 Hindu flags, all of which were set ablaze and destroyed.

The suspect then ran off southbound on 80th Street, police said.

Authorities added no one in the home was injured as a result of the fire.

Investigators described the unnamed adult man as wearing a three-quarters-length jacket, baseball cap and pulling a medium-size travel bag. CHESTER SORIA

Help Metro make magic

Please donate to the Metro Magic annual holiday toy drive during the 2015 holiday season.

In keeping with the holiday spirit of giving, Metro is once again launching Tony's Metro Magic, our annual toy drive for underprivileged children in Boston, New York and Philadelphia.

This year marks the seventh

anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor-in-chief. Mr. Metcalf passed away in 2013 from colon cancer at the age of 50.

Mr. Metcalf lit up every year as he saw the faces of children unwrap their holiday

gifts. It is our goal to keep that magic alive. We are now asking readers to contribute what they can to Tony's Metro Magic.

Metro has created a wish list at the Target website that readers can access by going to www.metro.us and clicking on the Tony's Metro Magic logo.

From there, just choose the toys you wish to donate, pay online using Target's secure

payment system, and your gifts, along with your name attached, will be delivered to Metro's offices in each city. This season, we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

METRO

NOW is the time to take care of YOUR BODY!

- | | |
|--|---|
| <input checked="" type="checkbox"/> Varicose Veins | <input checked="" type="checkbox"/> Heaviness |
| <input checked="" type="checkbox"/> Leg Ulcers | <input checked="" type="checkbox"/> Swelling |
| <input checked="" type="checkbox"/> Spider Veins | <input checked="" type="checkbox"/> Itching |
| <input checked="" type="checkbox"/> Pain/Burning | <input checked="" type="checkbox"/> Fatigue |
| <input checked="" type="checkbox"/> Restlessness | <input checked="" type="checkbox"/> Cramping |

Frustrated with previous treatments, services and poor results?

Trust the doctor that cares about you!



• **Personal & discrete care delivered directly Ronald Lev, MD**

• **Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology**

• **No downtime**

• **15 minute minimally invasive procedures**

• **Consistently ranked #1 Vein Doctor in NYC by our patients**

Tired of long diets, juice cleanses & lotions?

Smart Lipo Laser Body Countouring

GET RID OF...

- ☒ Body Fat
- ☒ Sagging Arms
- ☒ Double Chin
- ☒ Cellulite & more



ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN

TreatmentsOfManhattan.com

DRLEV@TREATMENTSOFMANHATTAN.COM

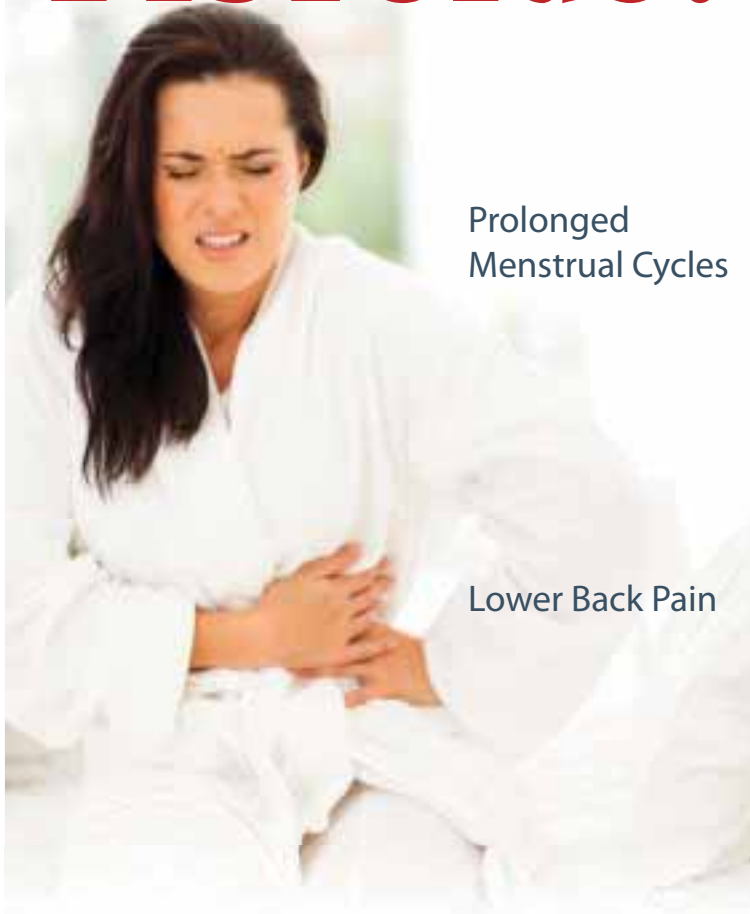
111 John St, Ste 1450 (bet CHM & Pearl) St., New York, NY 10038

Most Vein Treatments Covered by Major Health Insurances including Medicare

212.204.6501

EVENING APPOINTMENTS AVAILABLE!
(Habla en Español)

Fibroids?



Prolonged
Menstrual Cycles

Lower Back Pain

Uterine fibroids (Myoma or Leiomyoma) are very common and treatable. 1 in 5 women experience fibroids during their child bearing years, and about 80% will have fibroids before the age of 50.

Do you have any of these symptoms?

- ☒ Bleeding between periods
- ☒ Pelvic pain and pressure
- ☒ Heavy bleeding during periods
- ☒ Pressure in your lower abdomen
- ☒ Abnormally long periods
- ☒ Pain during intercourse
- ☒ Frequent urination

Uterine Fibroid Embolization treatment at USA Vascular Centers can shrink fibroids up to 50% within 3-6 months. Treatment is a minimally invasive, non-surgical outpatient procedure with a short recovery and no hospitalization.

Don't wait- call now to schedule your consultation

(718) 690-3048

USA VASCULAR CENTERS

www.USAVascularCenters.com

2444 86th St, Ste A
Bensonhurst, NY 11214

260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581

'I was 100 percent right' on 9/11 Muslim remarks

The controversy could be starting to hurt Trump, who has dropped 12 percentage points in the polls in the past five days. He fell from 43 percent to 31 percent.

U.S. Republican presidential candidate Donald Trump insisted on Sunday he was "100 percent right" when he said he saw thousands of Muslims in Jersey City, New Jersey, cheering the 9/11 attacks on the World Trade Center, even though fact-checkers have debunked his assertion.

In a phone interview on NBC's "Meet the Press," Trump said he has heard from "hundreds of people who agree" that there were televised Muslim celebrations of the Sept. 11, 2001, attacks, which he used as evidence to show his remarks were true.

"I saw it. So many people saw it," said Trump, who, in the race for the November 2016 election, has been among the most vocal of the Republican candidates in expressing

skepticism about Muslims in the United States. "So, why would I take it back? I'm not going to take it back."

When NBC anchor Chuck Todd suggested the people Trump heard from are supporters and might want to agree with him, Trump interrupted to note the "huge Muslim population" New Jersey has.

"Why wouldn't it have taken place?" he said of a celebration there. "I've had hundreds of people call in and tweet in on Twitter, saying that they saw it and I was 100 percent right."

Trump came under fire last week after saying at a rally and on television that he had seen thousands of people in Jersey City cheer the collapse of the twin towers in Manhattan.

His remarks have since been disputed by public officials and fellow Republican candidate New Jersey Gov. Chris Christie, who said: "I think if it had happened, I would remember it."

When his remarks were revisited on NBC, Trump said: "All over the world — forget about New



Donald Trump GETTY IMAGES

Jersey for a second — all over the world, it was reported that Muslims were celebrating the fall of the World Trade Center."

But he quickly rejected Todd's assertion that "this didn't happen in New Jersey."

"It did happen in New Jersey," Trump said.

"I have a very good memory, I'll tell you," he said. "I saw it somewhere on television many years ago. And I never forgot it."

REUTERS

BRIEFS

Ben Carson, after visit to refugee camp, says Syrians want to go home

Republican presidential candidate Ben Carson, after a visit to a Syrian refugee camp in Jordan this weekend, said on Sunday that the refugees do not want to come to the United States and would prefer to return to Syria.

But Carson, one of the leaders in the polls in the contest for the Republican presidential nomination in 2016, offered few details on how he would work to defeat Islamic State militants and stabilize Syria to enable the refugees' return.

"We're hearing that they all want to come here to the United States, and that's not what they want. They want to go back home," Carson said on the ABC news program "This

Week."

In a round of television interviews from Jordan, Carson also defended comments he made earlier this month in which he compared Americans' attitude toward Syrian refugees to their fear of a rabid dog in their neighborhood.

"The Syrians and the people here completely understood what I was saying," Carson told NBC's "Meet the Press." "It's only the news media in our country that thinks that you're calling Syrians dogs. They understand here that we're talking about the jihadists, the Islamic terrorists."

Carson, a retired neurosurgeon who has

faced scrutiny over his foreign policy credentials, visited the Zaatari camp for refugees fleeing Syria's civil war, and said he also spoke with medical personnel, humanitarian workers and government officials.

In the ABC interview, Carson called for increased U.S. aid for regional refugee efforts such as those in Jordan.

He said believes that greater contributions to such facilities in the region could eliminate security risks associated with granting U.S. asylum to Syrian refugees.

Carson said that Islamic State should be defeated quickly and criticized the current U.S. strategy as "piecemeal."

REUTERS



Painful Varicose Veins & Swollen Legs?



Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.

DO YOU SUFFER FROM

- ☒ Varicose Veins
- ☒ Spider Veins
- ☒ Itching and Burning
- ☒ Leg Pain and Cramps
- ☒ Heaviness and Swelling
- ☒ Skin Discoloration
- ☒ Ulcers and Blood Clots
- ☒ Difficulty Walking Long Distances

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.



Have you had prior vein treatment and are not satisfied with the results? USA Vein Clinics can help!

When it comes to your health, trust your legs only to the top vascular specialists at USA Vein Clinics.

Medicare and most insurances accepted! Call us today to schedule your appointment

(917) 717-5135

www.USAVeinClinics.com

**NOW
ACCEPTING
HEALTHFIRST!**

**USA
Vein
Clinics**

New York

1153 First Ave • Manhattan, NY 10065

2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229

2444 86th St, Ste A • Bensonhurst, NY 11214

116-02 Queens Blvd • Forest Hills, NY 11375

1975 Hylan Blvd • Staten Island, NY 10306

NEW 260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581

NEW 4159 Broadway • Washington Heights, NY 10033

NEW 59-20 Myrtle Ave • Ridgewood, NY 11385

New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724

Planned Parenthood says Colorado shooter opposed abortion

In addition to the three fatalities, nine people were injured, including five police officers.



Robert L. Dear is seen in an undated picture released by the Colorado Springs Police Department. COLORADO SPRINGS POLICE DEPARTMENT HANDOUT

Planned Parenthood said on Sunday that news reports that the gunman who attacked its Colorado health clinic had uttered "no more baby parts" during his arrest showed that the suspect was motivated by an anti-abortion agenda.

The remark attributed to the suspect, identified by police as Robert Lewis Dear, was an apparent reference to Planned Parenthood's abortion activities and its role in delivering fetal tissue to medical researchers, a

hot-button issue in the 2016 race for the presidency.

"We now know the man responsible for the tragic shooting at PP's health center in Colorado was motivated by opposition to safe and legal abortion," the organization said on Twitter.

Conservatives have accused Planned Parenthood, a nonprofit that provides a range of health services, including abortion, of illegally selling baby parts, an accusation it has strenuously denied.

Dear, a 57-year-old South Carolina native

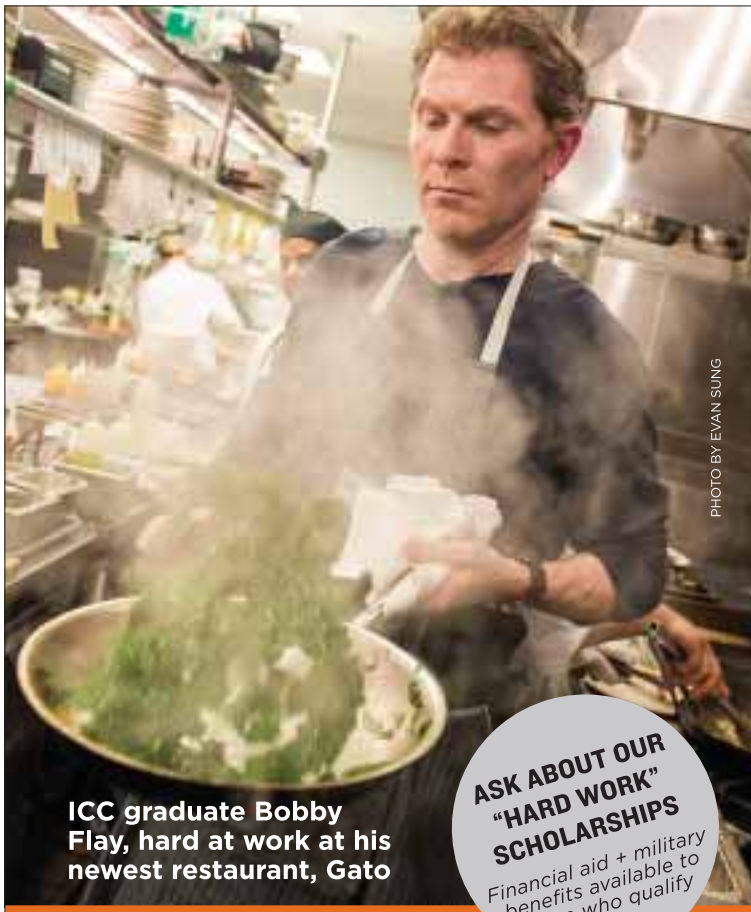


PHOTO BY EVAN SUNG

ICC graduate Bobby Flay, hard at work at his newest restaurant, Gato

ASK ABOUT OUR
"HARD WORK"
SCHOLARSHIPS
Financial aid + military
benefits available to
those who qualify

HARD WORK TASTES GOOD

NEW YORK CITY'S
PREMIER CULINARY SCHOOL

CALL 888-324-2433 FOR A TOUR,
OR RSVP TO AN OPEN HOUSE AT
CulinaryCenter.com/OpenHouse

NEXT OPEN HOUSE
THURSDAY, DECEMBER 3 (6PM-8PM)
featuring James Beard award-winning
pastry chef and ICC Dean Emily Luchetti



INTERNATIONAL
CULINARY CENTER

462 Broadway, Soho, New York City

CULINARY • PASTRY • BREAD • CAKE • WINE



IMMIGRATION? NEED A LAWYER?

[718] 651-6262

Email: law8215@yahoo.com or law8215@gmail.com
ZINBARG, EMANUEL, MYRILL & ASSOCIATES.
ATTORNEY AT LAW
 82-15 Northern Blvd. Jackson Heights, NY 11372
 Hablamos español - Attorney Advertisement



Low Back Pain?

LOW Back Pain?

Do you experience:

- ☐ Back pain when you bend down?
- ☐ Back pain upon standing, sitting, or walking?
- ☐ Back muscle strain?

If you have been suffering from lower back pain for over 3 months and are at least 18 years old, you may be eligible to participate in our research study of an investigational medication for Lower Back Pain. Qualified participants will receive study-related medical evaluations with our Board Certified Physician, investigational medication or placebo, and study visits, at no cost, over the course of 24 months. Please call for more information or to request a free screening.

(212) 595-5012
www.MedicalResearchNetwork.com
 The Medical Research Network, LLC • 134 E. 93rd St., New York, NY 10128



Nasya Fair looks at the growing memorial for the shooting victims with her son Korbyn, 4, at Fillmore Street and Centennial Boulevard on November 29, 2015, in Colorado Springs, Colorado. GETTY IMAGES

who moved to Colorado, made the remarks during his arrest after a standoff lasting several hours at the Colorado Springs clinic on Friday, NBC News and other media outlets reported.

Reuters was unable to independently confirm those reports of Dear's comments though the reports cited unnamed law enforcement sources.

While Dear's remarks could hint at a possible motive for Friday's rampage, NBC's

sources stressed that investigators were still not sure why the gunman launched the attack.

Authorities have steadfastly declined to discuss a motive for the attack, saying their investigation was still under way.

But Colorado Springs police on Sunday sent a tweet that said unofficial leaks could jeopardize the investigation and prosecution, without specifically mentioning the words attributed to

Dear.

Dear, who appeared to have moved to a remote community in Colorado last year, has been jailed ahead of a court appearance scheduled for Monday.

The shooting was believed to be the first deadly attack at an abortion provider in the United States in six years. The Colorado Springs center has been repeatedly targeted for protests by anti-abortion activists.

REUTERS

Are you suffering from PAD?



People over age of 50 that have a history of diabetes or smoking and other peripheral artery disease risk factors, such as obesity or high blood pressure, have a greater risk of having PAD. The good news is that

PAD can be easily treated with our fast minimally invasive technique.

PAD can be recognized by these symptoms.
If you're experiencing these, CALL US TODAY!

Do You Have PAD?

- ☒ Painful cramping in your hip, thigh or calf muscles after walking
- ☒ Leg numbness or weakness
- ☒ Non-healing sores on your toes, feet or legs
- ☒ Coldness in your lower leg or foot
- ☒ Slower growth of your toenails
- ☒ Shiny Skin on your legs
- ☒ No pulse or a weak pulse in your legs or feet
- ☒ Erectile dysfunction in men

USA V
VASCULAR
CENTERS

718-690-3048

260 W Sunrise Hwy, Ste 102 • Valley Stream, NY 11581
2444 86th St, Ste A • Bensonhurst, NY 11214

www.USAVascularCenters.com

*Life is a Mystery
Everyone Must Stand Alone
I Hear You Call My Name
And it Feels Like Home*

**BREAST AUGMENTATION
STARTING AT
\$5500***

Board certified plastic surgeons
Accredited facilities

Financing Available
for All Credit Types

*Offer Expires Dec 31st

**BODY
COSMETICA**
YOUR PLASTIC SURGERY EXPERTS

www.BodyCosmetica.com
888-220-3169

New York • Los Angeles • Cincinnati • Chicago • Minneapolis • New Mexico • New York • Miami • Atlanta

Anne Hathaway's in a family way

Look, guys! Something else came true! Oscar winner Anne Hathaway stepped out over the weekend with a very noticeable midsection bulge, alerting the world to the fact that she and husband Adam Shulman are expecting their first child. "Anne is in her second trimester and feeling great," a source tells E! News. Though there's been no official announcement, speculation started in September when she was doing press for "The Intern" and starting to show a bit. Hathaway and Shulman were married in 2012, and Hathaway has not been shy in interviews about their intentions to start a family.

ALL PHOTOS GETTY IMAGES



Tracy Morgan says he talked to God

Tracy Morgan is opening up about the horrific car accident in June 2014 that left him in a coma and took the life of his friend James McNair, and some of it may surprise you. Morgan tells Complex magazine that he "went to the other side" and talked to God. "This is not something I'm making up," he insists. "Do you know what God said to me? He said, 'Your room ain't ready. I still got something for



you to do.' And here I am, doing an interview with you."

He also gets candid about just how much his life has changed since his recovery. "You're never going to be normal after you go through something like that. You don't die for a few weeks and

then come back to normal, trust me," he says. "Something's going to be missing, something's going to be gained — you just got to live your life after that. But after surviving something like that, I'm probably never going to feel normal." That's heavy, man.

the word

NED EHRBAR
ned.ehrbar@metro.us

Ice T's newborn has more Twitter followers than you

While you were spending the weekend binge-watching "The Great British Bake-Off," Ice T and Coco were welcoming their first daughter to the world — and to the world of social media. Baby girl Chanel Nicole was born on Saturday morning,

and within hours she had her first post on her own Twitter account up. And by the end of the weekend she had more than 14,000 followers. Still no word on a blue check mark from Twitter, though. Maybe that's more of a christening present.



@Rosie

Donald Trump has never been funny



@IamDonCheadle

Thanks for the B Day wishes, y'all!! 51. Boom!



@rickygervais

My tweets always annoy exactly the right people.

Winter Sale Expires Dec 31, 2015
"Just in time for the Holidays"
Botox \$159 (20 units)
Juvederm \$489 (per syringe)

MEDSPA44
 144 E 44TH STREET, Ste 205 New York, NY 10017
 212-308-4790 info@medspa44.com www.MedSpa44.com

MANHATTAN CENTER FOR
Vaginal Surgery
 Vaginoplasty Labiaplasty Vaginal Rejuvenation
 Repair
 Rejuvenate
 Rejoice
Be the Woman you want to be!
 Free Private Consultation
 The Manhattan Center For Vaginal Surgery
 Dr. Ronald D. Blatt M.D. F.A.C.O.G.
 144 E 44th st. 2nd Floor NY, NY 10017 212.308.4066
 www.ManhattanCenterforVaginalSurgery.com

Christmas is here

Well, not quite, but these events will get you into the mood.



T. MICHELLE MURPHY & EVA KIS
@MetroNewYork
letters@metro.us

Tree lighting at South Street Seaport

Yes, Rockefeller Center has the biggest tree and its own TV special, but trying to get a live glimpse of the tree lighting is next to impossible unless you're willing to wait outside all day. For a less frenzied holiday tradition, get down to the South Street Seaport today starting at 4 p.m. for a tree lighting ceremony with performances from Questlove, the String Angels and the Harlem Gospel Choir, among others. **Free, tree lighting at 5:45 p.m.**

Holiday beer dinner

But you've never had a white-napkin meal with Brooklyn Brewery pairings, but that's what's going down at Naples 45 tonight. Five courses like braised littleneck clams, risotto with Berkshire pork ragu and seared duck with crispy Brussels sprouts each get their own beer, with a nightcap of boozy affogato. **\$59, 200 Park Ave., reserve at 646-465-5151**

Above Average Talent Show

It's the time of year to be giving thanks, and to help others who have less to be thankful for. The week after Thanksgiving brings Giving Tuesday, and you can support the Ally Coalition's mission to help homeless LGBTQ youth by attending a variety show. Comedy website Above Average brings some big names to its second annual Talent Show, including Lena Dunham, the Bleachers, Sara



The halls are decked, time to get jolly! **BLUINGDALE'S**

Bareilles, Mike Birbiglia and more. VIP tickets include backstage access and an invitation to the after-party. **\$77-\$152, 8 p.m., New World Stages, 340 W. 50th St.**

Twelve Nights of Union Square Cafe

Though saved from the fate of so many restaurants that have shuttered after rent hikes, Union Square Cafe won't be quite the same when it moves uptown (though only three blocks). The final day of service is Thursday, Dec. 12, and leading up to it the restaurant is hosting ticketed dinners beginning Tuesday. The three-course prix fixe menu for \$85 will feature some of its greatest holiday hits from its beginning in 1985 to the present. **21 E. 16th St.; reserve by calling 212-243-4020**

"Nutcracker Rouge"

Beginning Tuesday, Company XIV, the sexiest theater troupe in the city, brings back its longest-running production. This baroque-style interpretation of the traditional "Nutcracker" story blends burlesque, theater, dance, song and circus acts in an erotic and intoxicating production. The no-holds-barred

show is only for ages 16 and up. **Dec. 2-Jan. 17, \$50-\$175, Minetta Lane Theatre, 18 Minetta Lane**

Snowcoming

The holiday season would be a lot less merry without Christmas songs. Keep the music alive at Snowcoming, the first holiday gala for VH1's Save the Music. Hometown R&B duo ASTR will perform at this semiformal event hosted by the New York Public Library, where you can mingle with music industry up-and-comers. All proceeds go toward funding instruments and music programs in local schools. **Dec. 4, 8 p.m., \$100, 476 Fifth Ave.**

Tressle Pop-Up

Home goods e-tailer Tressle.com will come to life in a three-day pop-up with massive discounts on items "from haute to handmade." The best part: Bring a photo of your space for a free interior design consultation. Or get a professional holiday portrait taken, with proceeds going to a charity of your choice. Browse for ideas while sipping free coffee and hot cocoa, then continue shopping at home with a 20 percent off coupon. **Dec. 4-6, 149 Elizabeth St.**

Youthful Looks That Last.

Immediate Correction.
Natural Look.
Lasting Improvement.

Bellafill® is indicated for the correction of nasolabial folds and moderate to severe, atrophic, distensible facial acne scars on the cheek in patients over the age of 21 years.

Bellafill® is a smooth, collagen gel based dermal filler that immediately adds volume to the skin.



Bellafill® is now
FDA Approved
for the correction of
Acne Scars



Dr WW Med Spa
Huachen Wei, MD, PhD, MPH, FAAD
Yan Wang, MD, MS

A Bella Diamond Provider & Bellafill Regional Training Center

85-16 Queens Blvd.
Elmhurst, NY 11373

139 Center Street
#224 NY, NY 10013

Call 718.457.0707 to learn if
Bellafill is right for you!

www.drwwmedspa.com



Proposed mechanism of action

*Goffred Lempere, et al., "Anfill® Permanent Injectable for Soft Tissue Augmentation: 1. Mechanism of Action and Injection Techniques, Aesthetic Plast Surg 2010 Jun; 34(5):264-72.

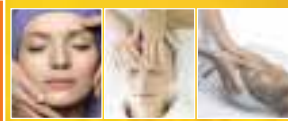
Bellafill® is indicated for the correction of nasolabial folds and moderate to severe, scars on the cheek in patients over the age of 21 years. Patients who have had a positive reaction to the Bellafill® Skin Test, have a history of severe allergies, have known bovine collagen allergies, are allergic to lidocaine, have bleeding disorders or are prone to thick scar formation and/or excessive scarring should not receive Bellafill®. The safety of Bellafill® for use during pregnancy, breastfeeding, or in patients under 21 has not been established. You may experience temporary swelling, redness, pain, bruising, lumps/bumps, itching, and discoloration at the treatment site. These side effects are usually transient and typically resolve within 17 days. You may experience lumps/bumps/papules that may occur more than one month after injection and that may persist. Less common side effect include rash and itching more than 48 hours after treatment, persistent swelling or redness, lumps/bumps, acne, and increased sensitivity at treatment sites. Infrequently, granulomas may occur and may be treated by your licensed physician provided. Be sure to call your licensed provider immediately if you notice any unusual skin reactions around the treatment area.

For more safety information, please visit our website: www.bellafill.com
Toll-free call (U.S. & Canada): 844-Bellafill (844-235-5234)
Local calls: 858-550-9999 International calls: ++ 858-550-9999

SUNEVA
MEDICAL
©SUNEVA MEDICAL INC. SM1851 REV00

ESSENTIAL
Day Spa & Cosmetics Inc.
www.essential-skin.com

Specializing in
Problem Skin
Licensed
Professionals
First Time Clients Only



Free consultations

Treat yourself to the gift of beautiful skin; We offer results, not promises!

"Body Massage + Facial \$99 • Eyebrow / Eyeliner Tinting \$25 • Ear Candelung \$50"

Diamond Microdermabrasion Only \$50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg \$160 \$125
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only \$45
For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing \$75/\$35

Deep Cleansing Facial Reg \$75 \$40
Deep cleans and refreshes all skin types.

Brightening Peel Reg \$125 \$75
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

Body Slimming Wrap or Salt Glow Special \$50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

Back/Chest Glycolic Peel Only \$55/\$30

247 E. 50th St. 2 Fl NYC • Trains: E, M, 6 to Lexington Ave., 51st-53rd Street
4, 6, 7 and S to 42nd Street-Grand Central Terminal • Tel: 212-588-8866/212-253-9693

LEXINGTON MEDI-SLIM

LESS RESOLUTIONS MORE RESULTS

LOSE UP TO 12 LBS IN 2 WEEKS

(866) 939-8829

113 E. 39th St., New York, NY 10016



@lexingtonmedislim

LEXINGTONMEDISLIM.COM

Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments

Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment of cancer," noted the clinic director at the OsteoRelief Institute in New York City. *"The same holds true for treating knee arthritis pain. I believe we are having so much success at OsteoRelief Institute because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to avoiding knee replacement surgery is doing the correct treatments as soon as possible."*

What is the "correct treatment?"

"That depends," said the director. *"There is no one answer when it comes to medical conditions and knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* added the director.

For many knee arthritis pain sufferers the right treatments is viscosupplementation. In this treatment, a preparation of Hyaluronic acid (such as Hyalgan) is injected directly into the knee joint.

Hyaluronic acid is a natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car low or without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

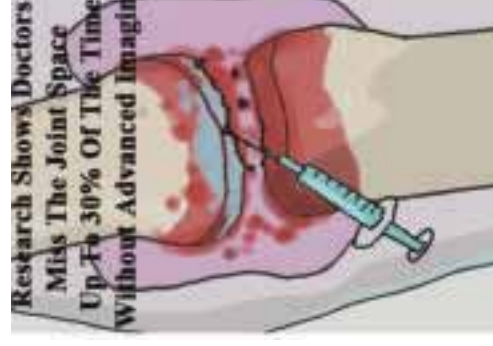
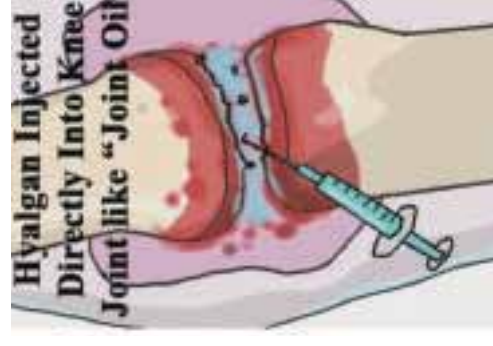
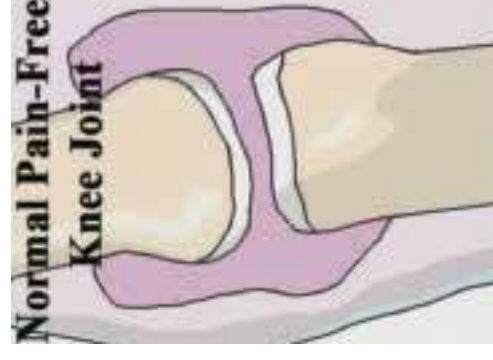
The director, believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space. That's why the doctors at OsteoRelief Institute use advanced imaging technology called a "C-Arm."

A C-Arm allows the doctor to see into the joint and actually watch the injection go where it is supposed to. Research shows that performing injections without digital imaging can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without advanced imaging and did not get good results - this may be why.

"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are to not wait, get a good evaluation from an expert and make sure advanced digital imaging (C-Arm) is used to make sure you have the best chance for success."



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



Everyone Wants Proof: In the artist simulated drawings above, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.

Pain - the red is a knee joint with painful osteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.

Successful Treatment - Hyalgan (blue) being precisely injected directly into the knee joint using laser guided hologic imaging. Advanced imaging allows treatments to be as precise as possible. Hyalgan can lubricate the joint and decrease pain.

Failed Treatment - the injection (and Hyalgan) misses the joint space. Research shows this occurs up to 30% of the time without the use of laser guided hologic imaging to guide the injection. This is why Hyalgan may not have worked for you.

Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to OsteoRelief Institute New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil.' It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the rooster's head. It is extracted from the rooster's comb, purified and concentrated.

When it is injected directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You

can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers - even many who have already tried other injections like Synvisc, Supartz, Orthovisc and even Hyalgan. We use special and very advanced advanced low dose video fluoroscopy imaging called "Hologic Digital Imaging" so we can see right into the joint. This allows us to put the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without fluoroscopy miss the joint up to 30% of the time." said the director of Arthritis Treatment at OsteoRelief Institute.

OsteoRelief Institute is a state of the art medical facility offering only the best technology.

And that's not all - OsteoRelief Institute has a complete knee relief program called "P.A.C.E." to make sure you get the most pain relief and the best possible results from treatment.

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. I can't tell you how many patients have cancelled their total knee replacement surgeries." added the director.

How To Get I

If you have knee pain, the director would like to invite you for a no obligation screening to see



Advanced Medical Technology Can Make All The Difference: This advanced digital imaging called a C-arm allows doctors to see directly into the knee joint so treatments are precise and the Hyalgan actually goes where it is supposed to. Studies show that injections done without digital imaging can miss the joint up to 30% of the time. This is one reason Hyalgan or other Viscosupplementation may not have worked for you. OsteoRelief Institute uses this C-arm for every Hyalgan treatment.

if you are a candidate for Hyalgan treatments and the P.A.C.E program.

All you have to do is call 800-227-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The specialists at OsteoRelief Institute can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important

- Viscosupplementation treatments and the P.A.C.E program are covered by most

insurance and medicare. To schedule your no obligation screening or if you have any questions call 800-227-KNEE (5633).

If You Can Answer Yes - You Are Eligible For A Knee Arthritis Screening With The Experts At OsteoRelief Institute

- ▶ Do you have pain and osteoarthritis (arthritis) of the knee?
- ▶ Have you tried other treatments such as NSAIDS and other anti-inflammatory medications without success?
- ▶ Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions - give OsteoRelief Institute a call and schedule your no obligation knee pain screening 800-227-KNEE (5633).

Daniel Radcliffe and James McAvoy blind with science

The two actors got to play with tradition in the oddball origin story "Victor Frankenstein."

LUBA EGOROVA
@MetroNewYork
letters@metro.us

In "Victor Frankenstein," James McAvoy and Daniel Radcliffe join a long tradition of actors, usually British, playing Mary Shelley's mad scientist and his assistant. But they are the first to play with this dynamic: Instead of Frankenstein's lowly, hunchbacked helper, Igor is a London dandy, plus a medical genius in his own way. It also allowed the two actors to goof around on the set of a particularly nutty take on a classic.

This is your first time working together, but you seem to have a mutual admiration. What was your relationship like on set?

James McAvoy: When I have to work with people I don't like, I think they are really horrible. I generally never argue with

them, either. We got on really well. There was no arguing.
Daniel Radcliffe: Yeah. I think that the image people have of actors being constantly at war with each other isn't generally the case.

What is your relationship with science? What grades did you get at school in physics and chemistry?
McAvoy: I didn't

take physics. But I did take chemistry and biology for a very short time. And in chemistry, I think I got a C, and in biology a B-. And then when I grew old enough to choose subjects I would specialize in, I dropped them both and took English and music. I always enjoyed science at school, and I enjoy hearing scientists talk about science. But

GETTY IMAGES



James McAvoy's Victor Frankenstein works closely with Daniel Radcliffe's Igor, who doesn't have a massive hump on his back in this version. **ALEX BAILEY**

The big questions

Creating life is like playing God. Do you believe in God? Have you ever wanted to challenge God?

McAvoy: Yeah.

Radcliffe: No.

McAvoy: Even people with great faith and those who have a close relationship to God challenge him, like his son. We all

challenge things we believe. Victor is challenging God. "I can do it better" — that's what he's saying. There is an idea of God-creator and the idea of faith. We are moving towards it every day, trying to become people. It's an everyday life. And that is what the Frankenstein story is about.

I'm definitely glad I don't have to learn it or do it.

We are all going to die someday. Would you like to be raised from the dead by some genius?

Radcliffe: Yeah, as long as I'm the only one. [Laughs]

And ideally he won't do it to everybody, so that there are lots of dead walking around. I'd like to think about myself as special.

At the beginning of the film, Daniel's character doesn't have a name. Do you know this feeling? Have you

ever wanted to be anonymous?

Radcliffe: As actors we put a mask on and become nobody and anonymous in that way. In real life, you often don't want to be well known nor famous, and sometimes I remember I don't want to be an actor anymore.

McAvoy: The nice thing about being an actor is that on every single job, it's like a clean slate — a new director, new crew, maybe even a new country, new language, all that kind of stuff. And you kind of go, "All right, that last job was a f—ing nightmare." Maybe I wasn't who I wanted to be or wasn't at my best. But what is great about acting is that you are not pretending to be someone else but trying to be your better self.

EARLY BLACK FRIDAY SPECIALS
START NOW!!! 50% OFF

SPA SPECIALS	ANTI-AGING	LASER HAIR REMOVAL
Deep Pore Facial.....\$32.50	Glow & Brilliant.....\$125	we have candela® all skin types* tanned skin
Microdermabrasion.....\$37.50	Stretch Mark Reduction.....\$75	Full Legs or.....\$75
Lymphatic Massage.....\$37.50	Laser Genesis Firming.....\$50	Brazilian.....\$75
Slimming Body Wrap.....\$32.50	Oxygenated Rejuvenation.....\$50	Back of Arms.....\$75
Teeth Whitening.....\$25.00	& Renew.....\$50	Full Body.....\$299
Spa Manicure & Pedicure.....\$31.00	Lipo Heat Therapy kit.....\$15	Chest or.....\$75
Full Body Wax.....\$49.50	Thinning Hair.....\$15	Buttocks.....\$75
GET SKINNY IN 2 WEEKS Painless & Permanent	Hand Genesis.....\$50	Underarms or Lip.....\$37.50
Facial Reshape.....\$50	Firming Treatment.....\$50	Face.....\$75
Celulite Reduction.....\$50	Eye Discoloration Reduction.....\$25	
Zeroed loss inches.....\$50	Eye Bag Reduction.....\$399	
Waxing.....\$7.50		
Cool sculpting freezes fat.....\$15		
Buy 5 cycles, get 1 Free		

180 7th Ave South (Between West 11 & Perry St.)
OPEN THANKSGIVING 10-6
212-229-0399
OPEN 7 DAYS - EXPIRES 11/30/15

SPECIALIZING IN SURGERY AND AESTHETICS OF THE FOOT
DOWNTOWN PODIATRY SERVICES
Cutting Edge Means Less Cutting

BEFORE

AFTER

BEFORE

AFTER

HAMMERTOE CORRECTION
1 - 877 - BUNION - 1 • 1 - 877 - 286 - 4661
www.DowntownPodiatry.com
MOST INSURANCE PLANS ACCEPTED

Downtown	Midtown	New Location
111 John St., Suite 1450	315 Madison Ave., Ste. 513	159-05 92nd St, Howard Beach, NY 718-845-0741

FREE CONSULTATION WITH THIS AD

ALL PHOTOS OF ACTUAL PATIENTS

Be safe and
Pest-free this
Holiday season
Let **BROADWAY** help!

WE'VE BEEN SAVING

**NEW
YORK**

**FOR OVER
45 YEARS!**

My heroes!

OUR DO IT YOURSELF STORE
SELLS PROFESSIONAL STRENGTH
PRODUCTS TO CONTROL PESTS,
ELIMINATE ODORS, AND MAINTENANCE
ITEMS FOR HOMES AND BUSINESSES.

Call Broadway Today.com

212.663.2100
782 Amsterdam Ave at 98th Street

**Roaches! Flies!
Bedbugs! Odors!
Rodents!**

Have All Star K9
Jeter inspect
your apartment
for bedbugs from
\$99



How to score deals on the most in-demand toys

The Toy Insider's Laurie Schacht tells us what kids want under the Christmas tree this year. Plus, where to get the biggest savings.



EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

In 1996, fights broke out over Tickle Me Elmo. In 2000, no store could keep the Razor scooter in stock. This year, there are a few different big-ticket items that millions of kids are all putting on their list for Santa. Here are the top three.

'Star Wars' Bladebuilders Jedi Master Lightsaber

"This year, one of the biggest demands you're going to see is all about 'Star Wars,'" says renowned toy expert Laurie Schacht, also known as The Toy Insider. "We're seeing the Force strong!"

Schacht says the toy industry is expected to see a whopping 7 percent growth this holiday season (usually there is only a 1-2 percent flux), largely thanks to "Star Wars."

There's a wide range of toys for the new movie "Star Wars VII: The Force Awakens," but Schacht says one of the hottest is Bladebuilders Jedi Master Lightsaber, which comes with a big lightsaber, two smaller ones and accessories so kids can build and customize their own lightsaber.

Where to score a Cyber Monday deal:

Get this toy for \$35.96 with the code BNFAMILY20 at Barnesandnoble.com.



"Star Wars" Bladebuilders Jedi Master Lightsaber \$54.99
ALL PHOTOS PROVIDED



Girl Scouts Cookie Oven
\$44.99

Girl Scouts Cookie Oven

"Cooking is a huge trend this year," Schacht says. In addition to a Teen-age Mutant Ninja Turtle Pizza Oven coming out early next month, the Girl Scouts Cookie Oven is already on many little bakers' Christmas lists. "It's a real working oven, and all of the recipes are for Girl Scouts-inspired cookies. And each oven comes with Thin Mints," says Schacht.

Where to score a Cyber Monday deal:

GirlScoutShop.com is selling this toy for \$39.99 until the end of Cyber Monday only. No coupon code required.



Hello Barbie

This toy had kids talking before it even hit the market last week. "When you hold Barbie's belt buckle, she listens to you when you talk to her and responds appropriately," Schacht says. "She remembers things you like, don't like, if you've had a good or bad day, and then she'll ask you about it later. ... She is the beginning of what you are going to see with toys that talk back."

Where to score a Cyber Monday deal:

Save 20 percent on Hello Barbie at Target.com with the code TOYS.

Hello Barbie \$75

**LAST
2 DAYS!**

Lord & Taylor cyber SALE

**IN STORE AND ONLINE
TODAY & TUESDAY**

**EXTRA
25%
OFF**

REGULAR & SALE ITEMS
WITH YOUR SAVINGS PASS OR ONLINE PROMO CODE

THERE'S MORE...

**60%
OFF**

COATS* FOR HER,
FOR HIM, FOR KIDS
Savings pass and promo code
not applicable on coat special

**UP TO
60%
OFF**

SWEATERS FOR
HER & FOR HIM
When you use
your savings pass

**UP TO
60%
OFF**

FALL BOOTS
FOR HER
When you use
your savings pass

PLUS SO MUCH MORE IN STORE AND ONLINE

25% OFF SELECT REGULAR & SALE ITEMS*

Present this savings pass to your sales associate NOW—Tuesday, December 1

*Excludes Select Designers & Brands. Not valid on Cyber Specials and Smart Value items; Women's Cashmere & Kids' Sweater Events. Also excludes Limited-Day Specials & selected special sale events; cosmetics, fragrances & beauty accessories; regular-price intimate apparel, sleepwear, swimwear & hosiery; fashion watches; luggage; all kids' shoes & boys' dresswear; candy & gourmet; all Fine Watches, designer jewelry & special event promotions in Fine Jewelry; charity-related merchandise; Beauty Salon, restaurants, store services, gift cards. Cannot be combined with any other Savings Pass. Not valid on Bonus savings % applied to reduced prices. Online exclusions may differ; see website for details. This Savings Pass must be presented at the register at time of purchase to receive Savings Pass discount. Not valid on prior purchases, telephone or internet orders. Not valid at L&T Outlet stores.



Complete list of exclusions available
at lordandtaylor.com/exclusions and in store.

Lord & Taylor

**SHOP LORDANDTAYLOR.COM 24/7 • FREE SHIPPING ON ALL ONLINE ORDERS OF \$99 OR MORE
SIGN UP FOR EMAILS AT LORDANDTAYLOR.COM/GETONTHELIST**

*Savings Pass and Promo Code not applicable on Cyber Coat Special. Unless otherwise noted, all offers are select styles only. No adjustments to prior sale purchases. Savings off original and regular prices. Intermediate markdowns may have been taken. Selected collections; not every style in every store. Advertised merchandise may be available at sale prices in upcoming sale events. Our regular and original prices are offering prices only and may or may not have resulted in sales. Prices, savings and selection may differ by store and on lordandtaylor.com. All offers, unless otherwise specified, are not valid at Lord & Taylor Outlet Stores. For the Lord & Taylor nearest you, visit our website or call 1-800-223-7440. In-store and online sale ends Tuesday, December 1, 2015



Shop smartly, and safely, this holiday season. ISTOCK

How to avoid Cyber Monday scams

THE SOUL NOW SINGS:
A Musical Christmas Journey

For one weekend only, original arrangements of traditional Christmas and gospel songs by award-winning composer **Damien Sneed** are performed live in The Greene Space at WNYC.

44 Charlton St. | SoHo

Friday, Dec. 4 at 7pm
Saturday, Dec. 5 at 2pm and 7pm

BUY TICKETS AT
TheGreeneSpace.org

THE GREENE SPACE

We're officially in the hectic holiday shopping season. Here's how to avoid traps when buying online.



Millions of shoppers will hit retailers' websites today, expecting serious discounts and promotions. But be aware: Online shopping hysteria can lead you to make impulse buys, as online stores never close, and you can casually browse from the comfort of your couch.

"It causes many people to shop more often and make unnecessary purchases or splurges," says Andrea Woroch, a consumer and money-saving expert. "Especially since many keep payment information saved, buying something with a single tap leads to huge overspending."

It can also become tricky when it comes to clothes and shoes, since you can't try them on. Colors on the web may appear different than they actually are, and you can't feel the qual-

ity of the material. This is why experts advise to only buy brands you're familiar with. "Don't browse for fun," Woroch says. "Give yourself time to think through the purchase. The necessity to shop may pass, and you will forget about those items. Placing goods in your virtual cart is not the best way to fulfill that urge to buy and spend."

Compare prices

The Internet is inundated with retail websites, so it's important to shop around first before buying something. Luckily, you can compare prices using sites like PriceGrabber.com. InvisibleHand, for example, alerts you if something you're browsing is sold at another site for less.

Track discounts

There are many outlets where you can buy what you need, but always make sure to always pick the best price. Tracklff.com, for example, monitors sites, pages and searches, and alerts you when something becomes available, when the cost of an

item drops or there is a special offer.

Use coupons

Meanwhile, sites like CouponSherpa.com offer coupon codes for discounts on your online order as well as free shipping deals. Reading Sherpa's blog may also be helpful for learning tips and tricks on saving money in everyday life.

Investigate other opinions

Read reports for different products at Epinions or Buzzillions.com. Both websites provide consumer-generated reviews and ratings of items you want to buy. Patiently research all pros and cons and only then make a decision.

Avoid sketchy sites

It's very important to make sure you're shopping with legitimate retailers, as the Internet is peppered with scam sites. Check out GetLinkInfo.com to verify a site you're less familiar with. It will show, for example, the amount of unsafe links it contains and if it is malware-free.

DEAL DAYS

30% OFF TICKETS*

NETS OFFER

LA CLIPPERS

DECEMBER 12 | 5:00PM

DALLAS MAVERICKS

DECEMBER 23 | 7:30PM

SAN ANTONIO SPURS

JANUARY 11 | 7:30PM

MIAMI HEAT

JANUARY 26 | 7:30PM

USE OFFER CODE: REPBK



ISLANDERS OFFER

NEW JERSEY DEVILS

DECEMBER 13 | 5:00PM

TORONTO MAPLE LEAFS

DECEMBER 27 | 6:00PM

VANCOUVER CANUCKS

JANUARY 17 | 4:00PM

PHILADELPHIA FLYERS

JANUARY 23 | 7:30PM

USE OFFER CODE: ISLESDEAL



*SUBJECT TO AVAILABILITY. OFFER VALID UNTIL 11:59PM ON NOVEMBER 30.
800.745.3000 | BARCLAYSCENTER.COM

NYCI NEW YORK
CAREER
INSTITUTE
established 1941
The College of Legal & Medical Professions

Start Your New Career Here!
Now in our 75th year, NYCI has helped thousands of men and women launch successful careers.

- Court Reporting
- Closed Captioning
- Paralegal
- Healthcare Management
- Medical Billing and Coding

OPEN HOUSE
Wed., Dec. 2nd 11am & 5:30pm | Sat., Dec. 5th 11am
SPRING TERM BEGINS JANUARY 11, 2016

Day, Evening & Saturday Classes
Degree & Certificate Programs
Transfer Credits Accepted • VA Approved
For Disclosure Materials, Visit: www.nyci.edu

Call **212-962-0002**
www.nyci.edu
11 Park Place, NYC
Located near City Hall and convenient to reach by:
1 2 3 4 5 6 A C E J Z R

ISTOCK

Geek *chic*

jobs & education

HOW TO GET AHEAD

Want a great work-life balance, awesome pay and a rewarding career? Here's why data scientists have the "sexiest" jobs ever.



RAQUEL LANERI
@RaquelLaneri
raquel.laneri@metro.us

Is data scientist the sexiest job of the 21st century? That's what the Harvard Business Review said back in 2012, and now the rest of the world seems to be catching up. Forbes has recently ranked data science the No. 1 career for work-life balance, while CareerCast has named it the sixth-best job for 2015.

That's partly because of high salaries (average \$115,000, according to Glassdoor), but there's also a growing demand for the job. Companies want workers who can look at the facts, figures and information their products or services generate to glean all sorts of insights that could boost efficiency, safety, customer satisfaction or profits.

"The applications are really broad," says Shanji Xiong, chief scientist for Experian's Global DataLabs, which uses data innovation to solve strategic marketing in financial services, telecommunications and health care. "Almost every aspect of our lives today has data and a data scientist behind it. Whether you're driving your car, you're cooking your meal, you use your cell phone — every step along the way there's a lot of data science behind the scenes making it possible."

We asked Shanji why he loves his job.

Want to become a data scientist?
Here's how

1. Take a free online course to see if it's something that you actually want to do. Shanji recommends a course in statistics or machine learning, which you can find at sites like Coursera.
2. If you decide that data science is something you want to pursue, go ahead and learn one programming language that's widely used in the field. That will allow you to advance to the next

step, which is:

3. Get your hands dirty by trying out a data-mining project. (Kaggle has a ton of tests you can play with.)
4. Befriend some practicing data scientists so you can get their feedback and perspective, and to see the sorts of projects they're working on. LinkedIn, or another social media group, devoted to the subject is a good place to start.

You can study anything and be a data scientist.

There's no such thing as a data science degree — yet, anyway. And while most data scientists do come from fields like computer science, engineering or mathematics, Shanji says, they don't need to. "I run into data scientists who come from more liberal arts backgrounds: economics, finance, other sciences," he says. "To me, data science is a whole spectrum of capabilities and profiles, because it's constantly developing."

It's creative

If you think data science means just staring at a computer all day crunching numbers, you're wrong. A data scientist is like a designer, with an equal dose of mathematical applica-

tion and intuition. "The thing about being a data scientist is that you have the data, but that data doesn't talk to you directly," Shanji says. "It's up to you, the data scientist, to try to understand what kind of information is in the data and then designing the tools to detect larger patterns" or more nuanced, niche information.

It's rewarding

Another thing you might not assume about data science: It's really fun. Shanji describes a work environment that's built on collaboration, bouncing ideas off one another and working with people of all different backgrounds and skills. Plus, it can be rewarding. "Data science can do so much, but at its best it can be an advantage to our society."

BRAMSON **ORT** COLLEGE www.bramsonort.edu

Follow Your Passion.
Design Your Career in 2016!

Degrees and Certificates

- Game Design
- Graphic Design
- Computer Technology
- Computer Programming

✓ Affordable Tuition
✓ Flexible Schedules
✓ Job Placement Assistance

Queens • Brooklyn

CALL TODAY! (866)-644-2925

Bramson ORT College is a not-for-profit educational institution.

THE BRAMSON ORT PROGRAMS GAINFUL EMPLOYMENT DISCLOSURES ARE POSTED ON WWW.BRAMSONORT.EDU

Giants have huge hiccup in D.C. against Redskins

The entire NFC East is now under .500 as the G-Men fell Sunday, 20-14.

TONY WILLIAMS
@TBone8
sports@metro.us

The Giants looked prosperity in the face and spat in it, as they endured a 20-14 road loss to the Redskins on Sunday.

Despite witnessing losses by divisional rivals Dallas and Philadelphia on Thanksgiving, and a chance to essentially take Washington out of the NFC East race with a season-series sweep, the Giants (5-6) entered the nation's capital and laid an egg. The loss to Washington (5-6) now has both teams tied atop the division.

Eli Manning and Co. made things interesting down the stretch with two late touchdown passes, but it was an otherwise dreadful day for the offense. Manning connected on touchdowns with Rueben Randle and Odell Beckham Jr. — the latter rivaling any catch ever made by the electric wideout — but the efforts weren't enough. The Giants committed two turnovers in their first two drives to set the tone for the day. And while the defense showed its mettle and didn't let Washington capitalize off those early giveaways, it was a sign of things to come for Big Blue's offense.

Eventually, the dam broke for the Giants' defense, as Washington's quarterback Kirk Cousins got hot early and rode the wave to stave off a Giants' comeback attempt. It was Washington's fifth-straight home win, and the Redskins are definitely a legitimate threat to take the division crown. Here's what we learned Sunday:



Eli Manning faced plenty of pressure from the Redskins defense Sunday on the road. GETTY IMAGES

1 ONE-MAN GANG

Where would the Giants be without Beckham? Sure, they lost, but his one-man highwire act was almost good enough to knock off Washington. Beckham tallied nine catches for 142 yards and a touchdown and was the best player on the field all game, as he saved his best efforts for the final stanza. Alas, it wasn't enough, but he couldn't be faulted for this defeat — especially when his cohorts offered nothing offensively. Randle only had that one catch, while the next best producer was tight end Will Tye's 74-yard day.

2 HE LIKED THAT!

Cousins indeed liked playing against the Giants Sunday as he rectified his earlier putrid performance. Cousins out-duelled Manning in going 20 of 29 for 302 yards, one touchdown and no picks. The lat-

ter stat was the most impressive, as Cousins had been an interception machine any time Washington lost. But this performance showed the good version of Cousins, who was rarely harassed (no sacks) or looked frazzled in the pocket, and poised enough to connect with eight different targets. Meanwhile, his counterpart Manning looked like the young turnover-prone neophyte in throwing three picks.

3 RUNNING IN PLACE

Sure, it sounds like an intended pun, but the fact that this has been a running theme all season should be alarming to Big Blue. This is the second-consecutive game in which the Giants' leading rusher was unable to top the 40-yard rushing mark. Shane Vereen tallied just 14 yards on two carries, while the No. 1 back, Rashad Jennings,

also had 14 rushing yards on six carries. The never-ending search for a linchpin ball carrier continues for Big Blue.

NFL Roundup

Chiefs surge in AFC playoff race

For the first time this season, Kansas City is finally above .500. Jeremy Maclin, whose arrival was responsible for much of the off-season promise attributed to the Chiefs, had his best game in red and white, catching nine balls for 160 yards and a 41-yard touchdown in a 30-22 KC win over the Bills.

Bengals 31, Rams 7

The Bengals rebounded from their first two losses of the season to blow out the Rams Sunday. Andy Dalton (20 of 27, 233 yards, 3 TDs, INT) threw two touchdowns to A.J. Green, who had just one in the last seven games. Leon Hall returned a Nick Foles interception for a touchdown.

The Rams lost their fourth game in a row.

Vikings 20, Falcons 10

Adrian Peterson found the end zone in the first quarter and the fourth, and saw a lot more action along the way for Minnesota, tallying up 158 rushing yards as the Vikings kept the ball away from the Falcons.

Texans 24, Saints 6

Brian Hoyer threw two touchdowns in the first quarter to put the Saints in a hole they could never climb out of. Drew Brees (25 of 44, 228 yards, INT) was intercepted at the goal line by Kareem Jackson in the fourth quarter, ending any chance of a New Orleans comeback. LUKE MILLER

Do you have psoriasis? Volunteer for a Study!

Looking for adolescents ages 12 years and no older than 16.9 years of age to participate in an open label clinical research study testing an investigational medication. This study is being conducted at the Skin Specialty Dermatology located in New York City, USA.

WHO: Adolescents between ages 12 and 16.9 years inclusive with stable moderate to severe plaque psoriasis and must be accompanied by a parent or guardian.

WHAT: An investigational topical medication for 15 or 29 days and a steroidal topical medication for 15 days. 4 - 6 clinic visits over the course of 43 - 57 days. All participants seen by a board certified dermatologist. No cost for study related drugs and procedures. Qualified participants will be compensated for time and travel.

WHERE: The Skin Specialty Dermatology
150 East 58th Street, 3rd Floor Annex
New York, NY 10155
Fran Cook-Bolden, M.D.

For more information, please call 212-223-6599 or email at research.cookbolden@gmail.com

\$1 ZOOM!
Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan

Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923
Open Weekends and Evenings

30 East 40th St. #105
1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com

Jets rack up points, thump Miami

Ryan Fitzpatrick and Brandon Marshall combined to throttle the Dolphins.



KRISTIAN DYER
@KristianRDyer
sports@metro.us

An offensive explosion from the Jets pushed them right back into the AFC Wild Card picture with a 38-20 home win over the Dolphins, giving them some much needed relief after a month of struggles.

Four touchdown passes from quarterback Ryan Fitzpatrick, including two to wide receiver Brandon Marshall and a second-quarter link-up with rookie Devin Smith, propelled the offense to a huge day. The defense, to their credit, held firm for much of the game, doing their part as the offense rolled out to a 21-0 lead



Devin Smith hauls in a touchdown Sunday against Miami. GETTY IMAGES

midway through the third quarter.

With the win, the Jets are now 6-5 and ended a skid where they lost three of their previous four games. The Dolphins are now 4-7 and for all intents and purposes are out of the playoff picture.

Marshall was the juggernaut on the day for the Jets as his 131 receiving yards totaled more than in his previous three games combined. Running back Chris Ivory also chipped in with 21 carries for 87 yards and a 31-yard touchdown run in the fourth quarter to seal the game. Here are three things we learned Sunday:

1 MARSHALL PLAN

Nine catches, a career high in Jets green and white, along with 131 receiving yards and two

touchdowns added up to a huge day for Marshall. The touchdown catches, in the first and third quarters, were clutch plays as the Jets scored on all four of their drives in the red zone. Marshall now has a touchdown catch in four straight games. He was one of six Jets targets with multiple receptions on the day as his presence also opened up things down the field for his fellow wide receivers.

2 TRIM THE 'FINS

On Friday, Fitzpatrick made headlines for trimming his famous beard, going from the mountain man look to something slightly less burly. Unlike the Biblical Sampson, Fitz does better with his hair shorn, as he went 22 for 37 for 277 yards with four touchdown passes and no interceptions.

The passing yardage was the highest total from Fitzpatrick in a Jets win this season (his higher yardage totals this season came in losses to the Eagles and on the road at the Patriots). Jets fans are currently pooling their money together to get their quarterback to join the "Dollar Shave Club."

3 STOP THE RUN

The Dolphins had 12 rushing yards on nine carries, their lowest totals of the season. It was a group effort from the Jets front-seven and a terrible showing from a patchwork Dolphins offensive line. The New York defensive line also generated a good pass rush even if they only registered two sacks in the game. Credit to head coach Todd Bowles who made the visitors' offense one-dimensional.

Flood out at Rutgers



Rutgers fired head football coach Kyle Flood and athletic director Julie Hermann on Sunday after a season of controversy. Flood was 27-24 overall at the school but the Scarlet Knights went just 4-8 this year. GETTY IMAGES

QUALITY DENTURES AND DENTAL IMPLANTS THE SAME DAY

\$100 off each NEW denture! Exp: 11/30



- Full Service Dental Office
- Repairs & Relines While-U-Wait
- Dental Implant
- Crowns & Bridges
- Cosmetic Dentistry
- Senior Citizen Discounts

\$495* off
One Dental Implant

Exp: 11/30/2015
one per patient

www.heraldsquaredental.com

Smile with Confidence!

CALL NOW

212.689.0024



Leaders in Implant Dentistry! - Est. 1977

Free Consultation • Most Insurance Welcome

224 W 35th St. New York, NY 16th Fl., Btwn 7th & 8th Avenues

*Cannot be combined with other offers

Are you depressed.

NYSPH IRB Approved
STUDY#000008 - 10/01/2014

Is your memory not what it used to be?

Is your energy low?



If yes, free treatment may be available

This is a research study for individuals ages 60-95 who are depressed. If eligible, you may receive:

- ✓ A Free Medical Evaluation and
- ✓ Up to 12 months of Free Expert Treatment from Columbia University faculty

If interested, please call (646) 774-8652

Locations include Upper Manhattan and Columbia University Midtown offices



LIVING with HIV?
Are Alcohol and Drugs
a PROBLEM FOR YOU ?

You may qualify for a FREE and CONFIDENTIAL Research TREATMENT Study

If eligible, you may receive a smartphone and up to \$220 in gift cards depending on level of participation

Contact the Substance Dependence Research Group at The New York State Psychiatric Institute

646-774-7949

ARE YOU A **HEALTHY VOLUNTEER**
WITH **FREE TIME** AND LOOKING
TO MAKE A DIFFERENCE?

Our dedicated research physicians, nurses and other health professionals invite you to join our Clinical Research Family as a research volunteer.

Biotrial is recruiting for a wide range of participants for upcoming paid medical research studies including healthy volunteers just like you.



TO LEARN MORE CALL **844-246-8459**

- ✓ YOU MUST BE AT LEAST 18YRS OLD
- ✓ PARTICIPANTS, MAY RECEIVE STUDY-RELATED MEDICATION AND TEST.

Our recruiters are waiting to hear from you
Call **844-246-8459** or visit our website at
www.biotrial.com

Persons depicted are models being used for illustration purposes only



metro
CLASSIFIEDS

To place an ad call
866-900-9473

or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.

**MEDICAL
RESEARCH**

To advertise, call
Peter Blankenstein at
212-457-7751 or email
peter.blankenstein@
metro.us

metro
CLASSIFIEDS

To place an ad call
866-900-9473

or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.

Do you
have
Psoriasis?



YOU MAY BE A CANDIDATE FOR A
CLINICAL RESEARCH STUDY

We are enrolling into a clinical trial, studying the effectiveness of a new investigational topical psoriasis drug.

To qualify you must:

- Be 18 years of age or older
- Have plaque psoriasis (Other restrictions apply)

Health insurance is not needed to participate & you may receive compensation for time and travel.

Sadick Research Group
911 Park Ave., Suite 1A
New York, NY 10007

For more information, please call: (917) 768-7276
or email: SRG@sadickdermatology.com

**LEGAL
SERVICES**

To advertise call Thomas Franke at 212-457-7751
or email thomas.franke@metro.us

DIVORCE \$199
1-800-414-0333

TheDivorceCenter.com

Spouse's Signature Not Needed
Don't Be Fooled By Imposters

Plus Court Fee - Without Children - With This Ad
EXPIRES 11/30/2015

BANKRUPTCY ATTORNEY

Bankruptcy Only • Specializing in Chapter 7 • Low Fee • One Fee for All
Installments • Personal Attention • Free Consultation

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Fresh Start with Heart

**SPA &
MASSAGE**

To advertise with Metro, email
peter.blankenstein@metro.us



metro
CLASSIFIEDS

To place an ad call
866-900-9473

or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.



INJURED?

- ✓ Slip and Fall
- ✓ Nursing Home abuse
- ✓ Accidents
- ✓ Dog Bites
- ✓ Product Liability

Call Now: 212-393-9130

FREE CONSULTATION • NO WIN NO FEE

www.Fight4Injury.com

Feiner & Lavy, P.C. Attorneys at Law

325 Broadway, NY NY 10007

Attorney advertisement:

Español **العربية**

**ABSOLUTE
DIVORCE**

Hablamos Español

80 Broad St., 5th Floor, NY, NY 10004
917-470-9661 | 212-504-2985
www.absolutedivorceinc.com

STARTING
AT **\$249**
+ court fees

Must bring in ad

26 New York Monday, November 30, 2015

JOBS**General Help Wanted****MAINTENANCE/JANITOR
OPEN HOUSE**

Mon-Fri: 11/30-12/11, 10a-1p
Temporary, All Shifts, \$14/hr
Location: 19W 44th Street,
9th floor
Info: tproject@fss-staffing.com

F/T EXP. Electricians
needed ASAP. Great salary
+ ben. Call 718.437.6937 x101
or hr1@horsepowernyc.com

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

Education**AMERICAN MEDICAL CAREER
TRAINING CENTER**

150-28 HILLSIDE AVENUE JAMAICA NY 11432

Established since 1993

Licensed by New York State Education Department

- C.N.A State Board Testing Onsite
- Excellent Passing Record
- The Key to Financial Stability
- Employment Opportunities in Nursing
- Homes, Hospital & Medical Offices

COME JOIN US TODAY FOR MEDICAL
CAREER TRAINING IN:-

- Medical Assistant • Pharmacy Technician
- Medical Laboratory Assistant
- Physical Therapy Aide
- Nurse Assistant/ Aide (CNA)
- Patient Care Technician (PCT)
- Phlebotomy Technician
- Electrocardiography Tech.

DAY, EVENING & WEEKEND CLASSES
EZ PAYMENT PLAN AVAILABLE

Call Today: 718-739-6768 / 718-657-1562

Close to all Public Transportation 'J', 'Z', 'E', OR 'F' Trains, Alsto Q110 BUS

**HIGH SCHOOL
DIPLOMA**

If you're 18 or older you can complete
your high school education at home
right now in as few as 2 months

212-967-7010

469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)

Liberty H.S. Brattleboro, Vt.

JUMPSTART YOUR CAREER**MEDICAL TRAINING**

- Medical Assistant
- EKG Technician
- Phlebotomy Tech
- Medical Billing
- CNA (Nurse Assistant)

CLASSES
STARTING
SOON

COMPUTER REPAIR & NETWORKING

- PC Technician (A+)
- Networking Concepts (N+)
- Network Security (S+)
- CCNA

FINANCIAL AID AVAILABLE

www.acecareer.edu

MANHATTAN 347-272-9172
QUEENS 347-748-2168

ENTERTAINMENT**America's
Premier Psychics
Live Psychic
Reading**

877-998-FATE (3283)
Entertainment only 18+

ENTERTAINMENT**Erotic Zone!!!**

Meet Sexy Singles in Your area!

100's of Singles on line now!

CALL NOW!

800-838-2561
HOT LIVE SEXY GIRL'S
800-963-4536
18+

Try It FREE!!!
New York's Hottest
Chat Line

Meet Real Local Singles in Your Area

646-507-5155

Gay/Bi Curious Chat!

646-507-5151

Reg. LD rates apply 18+

Chat With America's Party Crowd!

see who's online now!

"LIVEWIRE CHAT" 1-206-876-2929

Club Voice M.A.L.E.

(Ultra M4M Chat)

1-206-876-6669

Hot Sexy Amateurs - Live 1 on 1

1-702-216-8888

Ld rates apply 18+

BUSINESS OPPORTUNITIES

Ok, So You Have A Great Idea?

Now What?

212-620-2630

Develop
Market - Patent

Your Idea Or Invention
Exclusive Free Consultation
(Mention Metro)

CAREER TRAINING**JOBS**
We Train & Place!

New Media Production (Audio & Video)

PCT • HHA • Medical Asst EKG/PHLE/Pharm Tech

CNA FREE Training if eligible

A+, BA, QA, SAP - Solar Tech etc

Call: **718-263-0750**

STUDENTS VISAS @ LOW COST

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

WWW.ACCESSQUEENS.COM

US Vets
Call
Now

Immediate Job
PLACEMENT ASSISTANCE
Fordham Institute in Queens
718-480-1804

CNA Training : Home Health : \$355
Aide Training : \$340

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

CAREER TRAINING**PEST CONTROL SCHOOL & SERVICES**

6/9 DAYS/N.Y. STATE APPROVED,
CERTIFICATION & RECERTIFICATION IN BED BUGS,
TERMITES, STRUCTURAL, FOOD PROCESSING &
LANDSCAPING

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

1(800) 220-5494 or (718) 205-0557

pestcontrolschoolnyc.com | pestmanagementsciences@yahoo.com

Access Careers, Brooklyn

Are You HHA? Upgrade to CNA / PCT!!!

- * Nurse Aide (CNA)
- * Patient Care Tech
- * EKG & Phlebotomy
- * Physical Therapy Aide
- * Pharmacy Tech
- * Medical Billing & Coding
- * Medical Assistant
- * CPR (BLS)



Call Now: 866 - 487-5432

www.AccessCareers.Edu
25 Elm Place # 201, Brooklyn, NY 11201

- * Licensed by NYSED * Onsite State & National Examination
- * Short, Fast Track Morning, Evening & Weekend Classes
- * Easy weekly Payment Plans

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

**DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.**



metro
CLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

metro
CLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

metro.us/games

Last Word Standing

Use the clues to cross out the words in the boxes. One word will be left over. This last word standing is the mystery answer.

CLUES:

All computer parts
All astronomy terms
All flying machines
All currencies
All sauces
All words that contain 'tin'
All things that grow
All words that rhyme with 'dough'

Trees		Children
Sentinel	Mouse	Krona
Helicopter	Grass	Tomato
Comet	Galaxy	Franc
Toaster	Hollandaise	Planet
Snow	Guillotine	Keyboard
Soy	Pound	Though
Monitor	Beau	Zeppelin
Glider		Stingray

© Lovatts Puzzles

metro.us/crossword

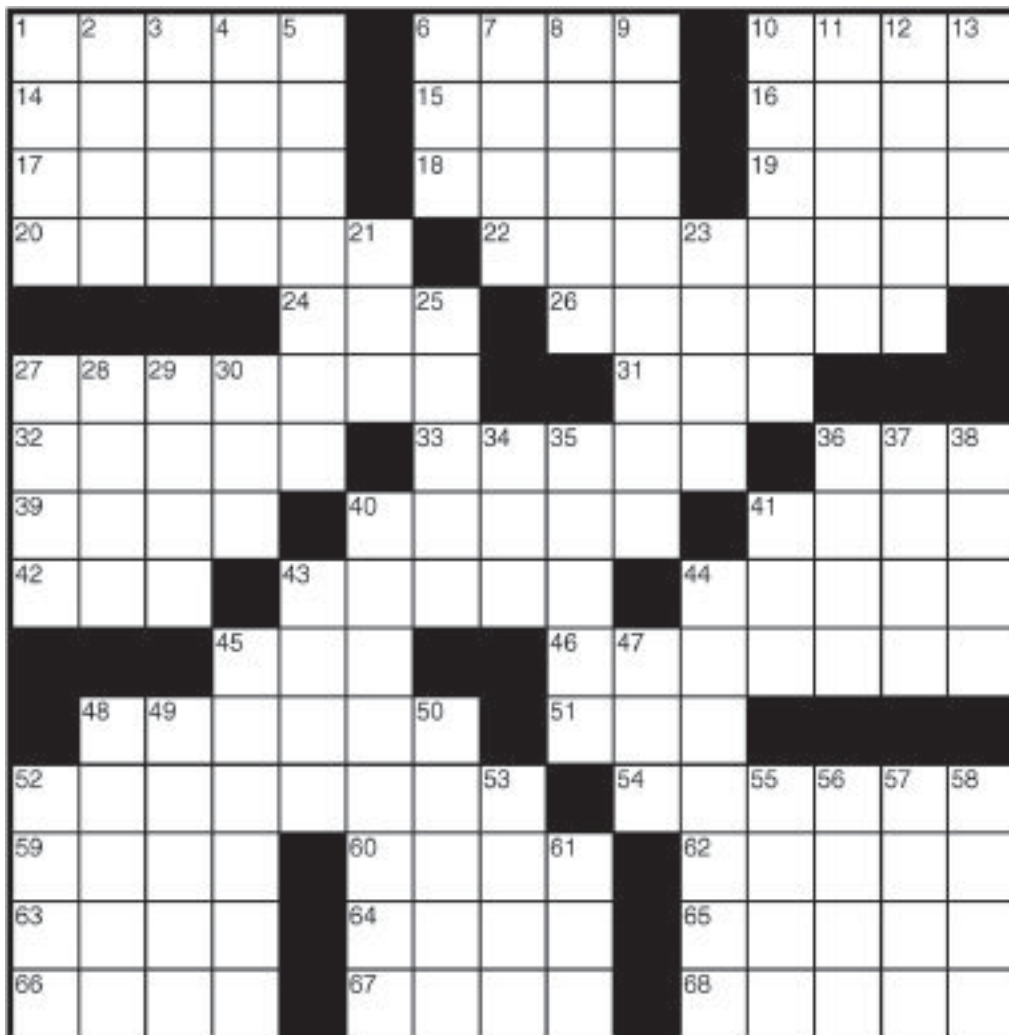
Across

- 1 Go up
- 6 Chase flies
- 10 Burlap fiber
- 14 Winter warmer
- 15 Prefix for sphere
- 16 Dairy-case buy
- 17 Gator cousins
- 18 Felipe or Matty
- 19 Icy coating
- 20 Connected
- 22 Grow enormously
- 24 This, to Caesar
- 26 Sends money
- 27 Napoleon's birthplace
- 31 Okra morsel
- 32 By itself
- 33 Off-road vehicles
- 36 — Claire, Wisc.
- 39 Groan causers
- 40 Nurse's concern
- 41 Earth turns on one
- 42 Part of i.e.
- 43 Cell habitants
- 44 Bouquet tosser
- 45 Happy shout
- 46 Built
- 48 Repeated
- 51 PBS funder
- 52 Hoard, jocularly
- 54 Cavort
- 59 Miffed
- 60 John, in Siberia
- 62 Sweet liqueur
- 63 Lighten up
- 64 Riviera resort
- 65 Civil War side
- 66 Porter and stout
- 67 Mirth
- 68 Violin-playing comedian
- 3 Click-on item
- 4 Ridicule
- 5 Single (2 wds.)
- 6 — Na Na of rock
- 7 Rudder
- 8 Love, to Yves
- 9 Verdi's name
- 10 Simply awful
- 11 George who was a she
- 12 FYI notes
- 13 Ode or sonnet
- 21 Sawbones
- 23 Health gps.
- 25 Bayou dweller
- 27 Billowing garment
- 28 Great work
- 29 Declaim violently
- 30 Almost grads
- 34 Yellowstone sight
- 35 Ruhr Valley city
- 36 Tollbooth site
- 37 Candy-striper
- 38 Pre-owned
- 40 Giving juice to
- 41 Equator segment
- 43 Drop anchor
- 44 Smokey, once (2 wds.)
- 45 Eye parts
- 47 Gym iteration
- 48 Evenly matched
- 49 A mummy may have one
- 50 "— With a Blue Dress On"
- 52 Former Queens ballpark
- 53 Thrashes
- 55 Handel contemporary
- 56 No, to Fraulein
- 57 Hurry, slangily
- 58 Counting-rhyme start
- 61 Born as

Down

- 1 350, in old Rome
- 2 Petty of "Tank Girl"

FOR THE ANSWERS
TO TODAY'S PUZZLES,
metro.us/games





metro.us/horoscopes

- 

Aries You will attract attention if you take an enthusiastic approach. Offer help to those in need in order to build a strong support system.
- 

Taurus Someone will try to meddle in your personal affairs. Don't share your problems with peers or anyone who could put you in a vulnerable position.
- 

Gemini Stop and think before you take a risk that could lead to an unstable emotional or professional situation. Overdoing it in any way will lead to loss.
- 

Cancer Making home improvements or hosting a function will bring you great satisfaction and joy. The results of your hospitality will lead to advancement.
- 

Leo Travel and communication are favored. Keeping busy will help you get ahead and avoid a spat with someone near and dear to you.
- 

Virgo Don't make unrealistic promises or expect too much from others. Take care of details on your own in order to avoid disappointment.
- 

Libra Waiting for someone else to take the lead will set you back. If you step up and make things happen, you'll be proud of your accomplishments.
- 

Scorpio Pay homage to the people you love the most. Plan something unique that will bring everyone closer together and help set a new tradition in place.
- 

Sagittarius Don't offer your time or cash to outsiders or you will be taken advantage of. Your personal responsibilities will keep you busy.
- 

Capricorn In order to get something from others, you have to offer incentives. A personal business proposition can help you raise your income.
- 

Aquarius Gossip or personal secrets will undermine your reputation. Don't express your thoughts openly or share confidences with colleagues.
- 

Pisces Picking up new skills or experiences will boost your earning potential. Finishing what you start will be your ticket to success. **EUGENIA LAST**

metro.us/sudoku

easy

9			1					
					8	5		6
			5	9	2	3		
		1	3				6	
4	2		7	8	6		1	5
	7				1	4		
		6	8	2	4			
1		5	9					
					5			3

hard

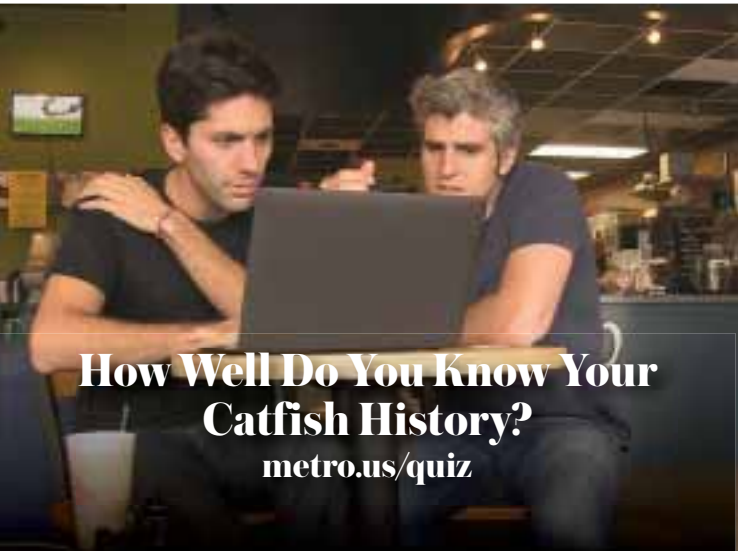
					8			1
	9	6				8		7
				3	7		6	
6			2	1			3	4
		3				1		
5	1			4	3			9
	3		5	2				
2		4				9	5	
1			8					

metro.us/truthfacts



BY WULFF & MORGENTHAUER

metro.us/quiz





As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY 10271 • main 212-457-7790 • to advertise 212-457-7735 • sales fax 212-952-1505 • Associate Publisher Ed Abrams • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Vilfrid Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Frank Burgos, frank.burgos@metro.us • Managing Editor William Gorta, william.gorta@metro.us • National News Editor Morgan Rousseau, morgan.rousseau@metro.us • Web Editor Cristabelle Tumola, cristabelle.tumola@metro.us • Art Director Julianne Aerts, julianne.aerts@metro.us • Features Editor/Style Editor Tina Chadha, tina.chadha@metro.us • TV Editor Lisa Weidenfeld, lisa.weidenfeld@metro.us • Film Editor Matt Prigge, matt.prigge@metro.us • Wellbeing/Going Out Editor Eva Kis, eva.kis@metro.us • Travel Editor Rachel Vigoda, rachel.vigoda@metro.us • Careers/Education/Dating Editor Raquel Laneri, raquel.laneri@metro.us • National Sports Editor Matt Burke, matt.burke@metro.us



Certified Audit
CAC
advertising

DataVision

NYC Apple Authorized Dealer For Over 23 Years  Authorized Reseller

50 W. 23rd St. btwn. 5th & 6th Ave. • 1-888-888-2087
Open Monday - Saturday 9am-8pm • Sunday 10am-8pm

Cyber Monday Is Here!

Go to DataVision.com to see all the deals!

iMac® 21.5" Desktop Computer

- 1.6GHz dual-core Intel Core i5 Turbo Boost up to 2.7GHz
- 8GB Onboard Memory (Configurable to 16GB)
- 1TB (5400-rpm) Hard Drive
- Intel HD Graphics 6000
- 21.5" LED-backlit IPS Display
- OS X El Capitan

MK142LL/A

CYBER MONDAY SAVINGS \$100

\$999

\$39/per week*

MK442LL/A 21" iMac® 8GB RAM 1TB HDD\$1199 **SAVE \$100**

iMac® with 21.5" Retina 4k Display

- 3.1GHz quad-core Intel Core i5 Turbo Boost up to 3.6GHz Processor
- 8GB RAM • 1TB HD
- Intel Iris Pro Graphics 6200
- OS X El Capitan

MK452LL/A

CYBER MONDAY SAVINGS \$100

\$1399

\$55/per week*

MK462LL/A 27" iMac w/Retina 5K 1TB HDD\$1699 **SAVE \$100**
MK472LL/A 27" iMac w/Retina 5K 1TB Fusion ..\$1899 **SAVE \$100**
MK482LL/A 27" iMac w/Retina 5K 2TB Fusion ..\$2199 **SAVE \$100**

MacBook Air 11.6" Laptop

- 1.4 GHz Dual-Core Intel Core i5 (Turbo Boost up to 2.7GHz) with 3MB shared L3 cache
- 4GB DDR3 • 256GB PCIe-based flash storage
- 11.6" LED-backlit glossy widescreen display
- Intel HD Graphics 5000
- OS X Mavericks
- Up to 9 hours of battery life!

MD712LL/B

CYBER MONDAY SAVINGS \$300

\$699

\$28/per week*

MJVE2LL/A 13.3" 128GB Flash Storage.....\$949 **SAVE \$50**
MJVG2LL/A 13.3" 256GB Flash Storage.....\$1149 **SAVE \$50**

MacBook Pro® 13.3" Retina®

- 2.7GHz dual-core Intel® Core® i5
- 8GB memory
- 128GB PCIe-based flash storage
- Intel Iris Graphics 6100
- Force Touch trackpad

MF839LL/A

CYBER MONDAY SAVINGS \$100

\$1199

\$47/per week*

MF840LL/A 13.3", 2.7GHz 256GB Flash Storage....\$1399 **SAVE \$100**
MF841LL/A 13.3", 2.9GHz 512GB Flash Storage ...\$1699 **SAVE \$100**
MJLQ2LL/A 15.4", 2.2GHz 256GB Flash Storage ..\$1899 **SAVE \$100**
MJLT2LL/A 15.4", 2.5GHz 512GB Flash Storage ...\$2399 **SAVE \$100**

Mac® mini Desktop Computer

- Intel® Core™ i5 Dual Core Processor (1.4GHz)
- 4GB DDR3 • 500GB 5400rpm HDD
- Thunderbolt, FireWire 800, USB 3.0, HDMI
- Intel HD Graphics 5000
- SDXC Media Card Reader
- Mac OS X Yosemite

MGEM2LL/A

CYBER MONDAY SAVINGS \$30

\$469

\$19/per week*

MGEM2LL/A Mac mini - 2.6GHz, 8GB RAM, 1TB HDD....\$669 **SAVE \$30**

MacBook Gold 12" Laptop

- 1.1GHz dual-core Intel Core M processor
- 8GB DDR3
- 256GB PCIe-based flash storage
- 12" LED-Backlit Display
- Intel HD Graphics 5300
- OS X Mavericks

MJY32LL/A

CYBER MONDAY SAVINGS \$100

\$1199

\$47/per week*

Macbook 12" 1.2GHz Dual-Core Intel Core M, 512GB 8GB...\$1499 **SAVE \$100**



beats by dr. dre. PowerBeats 2 Wireless In-Ear Headphones

- IPX4 sweat & water resistant
- Dual-driver acoustics
- Lightweight and compact
- Beats updater

SAVE \$70
\$129⁹⁵

Beats UrBeats In-Ear\$79 **SAVE \$20**
Beats Tour 2.5 In-Ear\$109 **SAVE \$30**
Beats Solo 2 Wireless\$229 **SAVE \$70**



beats by dr. dre. Beats Solo 2 On-Ear Headphones

- Clearer sound, deeper bass
- Durable & flexible
- Built-in mic for calls

\$149
Beats MIXR Wired\$169 **SAVE \$80**
Beats Studio 2 Wired\$229 **SAVE \$70**
Beats Studio Wireless.....\$299 **SAVE \$80**



Beats Pill+

- Defined, pure sound quality in a portable, compact design
- Pair and play with your Bluetooth® device
- 12-hour rechargeable battery
- Built-in speakerphone
- Power adapter and Lightning cable included

SAVE \$50
\$149

Beats Pill Portable Speaker.....\$169 **SAVE \$30**



SAVE \$30
\$199

\$8/per week*

Apple TV® 32GB 4th Generation

- With the Siri Remote, you tell your Apple TV exactly what you want to watch.
- Siri automatically searches across popular services like iTunes, Netflix, and more, so you don't have to dig through each app individually.

Apple TV 4th Gen - 64GB\$199
Apple TV 3rd Gen\$69



FREE 3FT. HDMI CABLE

\$149



FlexShopper™
lease the brands you love

No cash? Bad credit? No Problem!

*This is an estimated weekly payment, rounded to the nearest dollar for the merchandise shown if you were to acquire ownership after making 52 weekly payments. The actual weekly payment may vary depending on your spending limit and how much you spend; the actual weekly payment will be in your lease. Ownership is optional and you may purchase or return the merchandise at any time after the initial payment has been paid, the minimum lease period has been met and provided proper notice is given to FlexShopper as per your lease. See your lease for more information regarding ownership and minimum term. 1 - Battery life varies by use and configuration. See www.apple.com/batteries for more information. TM and © 2015 Apple Inc. All rights reserved. City of New York Department of Consumer Affairs license Numbers 0937294/0928357/0928356.